



In accordance with the Governor's phased-in reopening plan, Susquehanna Dance Academy must develop a written health and safety plan that follows the [CDC guidance for Youth and Summer Camps](#). This plan will be updated as necessary and modified as guidelines change. This plan will be posted publicly on our website at [www.susqdanceacademy.com](http://www.susqdanceacademy.com), as well as inside the studio.

### **HEALTHY AND SAFETY PLAN FOR RE-OPENING SDA FOLLOWING COVID-19**

#### **PROMOTING BEHAVIORS THAT REDUCE SPREAD - INSTRUCTORS/STAFF**

- SDA staff will not teach with fever and/or symptoms of COVID-19 or flu, or if they have tested positive for COVID-19.
- SDA staff who have recently had close contact with a person with COVID-19 will be encouraged to stay home and monitor their health. SDA staff will follow the CDC's criteria for when they should return to work.
- SDA staff will wash their hands for 20 seconds before and after each class.
- SDA staff will be required to follow coughing/sneezing etiquette. Cough or sneeze into a tissue and immediately throw it away, followed by hand washing with soap and water for 20 seconds. If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used (for staff and older children who can safely use hand sanitizer).
- SDA staff will limit contact with students, as well as limit activities that involve student-to-student contact (i.e. no holding hands, no use of props that can't be properly sanitized, etc.).

#### **PROMOTING BEHAVIORS THAT REDUCE SPREAD - STUDENTS/FAMILIES**

- Students will not be permitted to attend class with fever and/or symptoms of COVID-19 or flu, or if they have tested positive for COVID-19.
- Students will be directed to wash hands for 20 seconds before and after each class. SDA staff will monitor young students to ensure adherence.
- Family members will not be permitted into the building with fever and/or symptoms of COVID-19 or flu.
- Parents, guardians, and siblings should avoid coming into the building unless necessary. If a parent and/or guardian must come into the building, only 1 parent/guardian per student will be permitted inside. Parents/guardians must have a cloth face covering on when entering the building.

- Students will be required to follow coughing/sneezing etiquette. Cough or sneeze into a tissue and immediately throw it away, followed by hand washing with soap and water for 20 seconds. If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used (for staff and older children who can safely use hand sanitizer).

### **CLOTH FACE COVERINGS**

- Cloth face coverings are meant to protect other people in case the wearer is unknowingly infected and does not have symptoms. Cloth face coverings are not surgical masks, respirators, or other medical personal protective equipment.
- All students, staff, and parents entering the building must wear a cloth face covering.
- Cloth face coverings must be worn during class, and must cover the nose and mouth. Face shields are not a substitute for face coverings, and may only be worn in combination with a face covering.
- If a student needs to use the bathroom or go into the lobby during class time, they will be required to put their cloth face covering back on before exiting the classroom.
- SDA staff members will wear cloth face coverings while teaching, especially when approaching a student to give a correction and/or when physical distancing is difficult.

### **MAINTAINING HEALTHY ENVIRONMENTS**

- Class times will be staggered to limit number of students in common areas (i.e. hallway, lobby) at one time.
- Class sizes will be limited to ensure proper social distancing. Studio A will have no more than 13 students in our youth and adult classes, and no more than 10 in our preschool and intro classes. Studio B will have no more than 10 students per class.
- Students' belongings will be separated from other students' belongings and placed in individual cubbies or areas. All students should carry their shoes in a bag, as well as limit what they bring to the studio.
- All water bottles should be clearly labeled with student's first and last name to prevent accidental sharing.
- Any personal belongings left behind will be thrown away at the end of the evening. We will not have a lost and found.
- Common areas, such as bathrooms, cubbies, lobby, etc., will be disinfected daily with products that meet EPA disinfection criteria.
- Barres will be cleaned and wiped down after each class with products that meet EPA disinfection criteria.

- SDA will follow safe and correct use and storage of cleaners and disinfectants, including storing products securely away from children.

### **PROCEDURES FOR ENTERING THE BUILDING**

- An SDA staff member will unlock the door 5 minutes prior to the start of class time. If you arrive earlier than 5 minutes for class, please note you will be asked to wait outside or in your car.
- All students and staff must be wearing a mask to enter the building.
- The lobby and studio areas will be limited to students and staff. No parents or family members will be permitted inside the building. If a parent and/or guardian must come into the building, only 1 parent/guardian per student will be permitted inside. Parents must be wearing a cloth face covering in order to enter the building.
- Temperatures will be taken of each individual entering the building using a touchless thermometer. Any individuals with a fever will not be permitted in the building.
- Hand sanitizer that contains at least 60% alcohol will be available for staff, students, and parents entering the building.
- Once inside the building, students will be directed to a specific location to place their belongings and change their shoes. These locations will be marked with a vinyl dot to ensure that students stay socially distanced (students will not be permitted to congregate around a cubby).
- Once students have changed their shoes, they will be directed to the bathroom to wash their hands with soap and water for 20 seconds.
- After washing their hands, students may enter the studio rooms through the doors located towards the back of the hallway. Once inside the studio, students will be instructed to stand next to a vinyl dot located at the barre. This vinyl dot will become their "home base." Students will be permitted to place their water bottles on these vinyl dots.
- Preschool and intro level students will receive assistance from an SDA staff member to change their shoes, wash hands appropriately, and find an appropriate place to stand in the classroom. Preschool students will also take their tap shoes with them into the studio and place them on their "home base." When it is time to change shoes, they will go to their "home base" to change shoes. Please be sure to mark their shoes with their first and last name.

### **IN-CLASS PROCEDURES**

- Students will be socially distanced during class. To assist younger students with social distancing, vinyl dots will be used to indicate where they can sit/stand/dance/etc.

- Ballet barres will be marked with vinyl dots every 6 feet. Students will be encouraged to stand at vinyl dots to adhere to physical distancing guidelines. Students will also be encouraged and reminded to stand 6 feet apart when doing center floor and across the floor steps.

### **DISMISSAL PROCEDURES**

- At the end of class, an SDA staff member will then escort the students back into the lobby to change their shoes and gather their belongings.
- Students will wait inside the studio until a parent comes to the front door to pick them up.
- Students, who are staying for another class, will be asked to change their shoes and wait for an instructor's direction to enter the studio.

### **PROMOTE BEHAVIORS THAT REDUCE SPREAD**

- SDA will support healthy hygiene by providing supplies including soap, hand sanitizer with at least 60% alcohol (for staff and older students who can safely use hand sanitizer), paper towels, tissues, disinfectant wipes, and no-touch trash cans.
- SDA will post signs in highly visible locations that promote everyday protective measures and describe how to stop the spread of germs, such as properly washing hands and properly wearing a cloth face covering.

### **MAINTAINING HEALTHY OPERATIONS**

- SDA will offer options for staff at higher risk for severe illness (including older adults and people of all ages with certain underlying medical conditions) that limit exposure risk (i.e. teaching via Zoom).
- SDA will offer options for students at higher risk for severe illness that limit exposure risk (i.e. virtual learning via Zoom).
- Designated COVID-19 Point of Contact: Kimberly Klick will be responsible for responding to COVID-19 concerns. SDA students and families may contact Kimberly Klick at (717) 461-3909 or [susgdanceacademy@gmail.com](mailto:susgdanceacademy@gmail.com).

### **PREPARING FOR WHEN SOMEONE GETS SICK**

- If a student states that they do not feel well, they will immediately be asked to put on their cloth face covering and leave class. A parent will be contacted immediately. Student will be instructed to sit in the lobby in an area away from others until their parent has arrived.
- Sick staff members and students should not return to class until they have met the CDC's criteria to discontinue home isolation.